



DECEMBER 2024

# 4-H Family News

## CLINTON COUNTY



### HAPPY HOLIDAYS!!

I want to wish you and your families good health and happiness as we enter into the Holiday Season.

Inside this newsletter you will find many opportunities, look through them and take advantage of those that interest you.

Please reach out to me at [harri446@msu.edu](mailto:harri446@msu.edu) with any concerns and questions or call me directly at (989)224-5227.

Sincerely,

*Corissa Harris*

### CONTACT US

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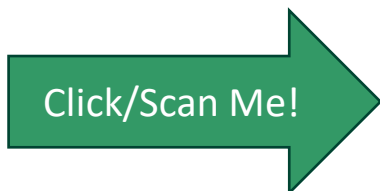
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**SPRING TAGGING:** All Specie Spring Tagging Event will be held on April 26<sup>th</sup>, 2025 at the Clinton County 4-H Fair Grounds.

**COMMUNITY SERVICE:** Some clubs are doing great things for the community this season. If your club is doing or has done a service activity please send an email to [harri446@msu.edu](mailto:harri446@msu.edu) and let me know has been done. Lets share our caring efforts.

**ENROLLMENT IS OPEN:** Submit your enrollment for the 2024-2025 year by logging in to your 4-H Online Account.



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# COUNTY 4-H NEWS

## SEWING WORKSHOP

**CLINTON COUNTY 4-H SEWING PROJECT**  
Pillow Case Workshop

**12 JAN 2025**  
2PM-5PM  
SMITH HALL

- This event is being led by 4-H Sewing Department Chair Ivy Thomas.
- All ages are welcome but we ask that if you are registering a clover bud that you stay with your child during the workshop to help them.
- If you do not have your own sewing machine that's okay, we have some to share.
- Contact the MSU Clinton County Extension Office at 989-224-5251 if you have questions.

Join us for a Sewing Project Workshop on January 12<sup>th</sup>, 2025 at Smith Hall. Sewing Department Chair Ivy Thomas will be directing and teaching our youth how to create a pillowcase.

- All ages are welcome but we ask you to stay with your youth if they are clover buds so you can help assist them.
- If you do not have your own sewing machine that's okay, we have some to share.
- Registration is required and can be done at <https://bit.ly/PillowcaseWorkshop>.
- If you have any questions, please reach out to the MSU Extension Office at 989-224-5251.

## 2024-2025 TRIP INFORMATION

Mark your calendars for this years 4-H Trips! More information will be coming to your inbox soon on details about how to register.

Grade	Trip Location	Dates
K, 1, 2	Binder Park Zoo	June 18
3	Defy Trampoline Park	Feb 22
4	Zenders Splash Park	March 15
5	Michigan Adventures	June 26
6	Tree Runners	May 17
7	Mackinaw Island	June 23-24
8	Cedar Point	June 16-17
9	Canoe Trip	July 17
10	White Water Rafting	July 14-16
11	Gettysburg/Washington DC	June 23-27
12	Seniors Choice	June 11-13





# 4-H News

## MSU LIVESTOCK JUDGING WORKOUT



### THE MOCK CONTEST INCLUDES

- High quality judging classes
- Reasons practice
- Performance data experience
- Feedback from contest officials
- Lunch

### MICHIGAN STATE LIVESTOCK JUDGING WORKOUT

Join the MSU Livestock Judging Team on December 18th at the Pavilion for a mock judging contest workout!

Take advantage of the opportunity to judge several classes of sheep, cattle, and swine from state-leading breeders and give reasons to respected livestock judges alongside the 2025 Michigan State Livestock Judging Team!

Spots are limited so confirm your spot with coach Kestlyn Willert by Sunday, December 15th.

Join the MSU Livestock Judging Team for a Livestock Judging Workout & mock contest.

December 18th, beginning at 9am, at the MSU Pavilion

Spots are limited so confirm your spot with MSU Livestock Judging Team Coach, Kestlyn Willert by Sunday, December 15th.

Contact Kestlyn Willert for more info and to secure your spot! [willertk@msu.edu](mailto:willertk@msu.edu) or (507)829-5128.

## 4-H CASH COMPOSITION CONTEST

💰💡 *Calling all Michigan youth!* The 2025 4-H Cash Composition Contest is now open! If you're 9-19 years old (as of Jan. 1, 2024), it's your chance to win a \$100 gift card, thanks to Extra Credit Union!

🎯 This year's topic: *Credit*—Write a 300-word (or less) essay answering this year's question.

📅 **Deadline:** February 28, 2025

🏆 **Winners:** Three youth from each age bracket!

Don't miss your chance to show off your money smarts and snag that prize! Full details and entry info: <https://www.canr.msu.edu/4-h-money-smarts/money-smart-kids-contest>

2025 4-H Cash Composition Contest

Learn about credit

Answer this year's question in 300 words or less

Submit your essay by February 28, 2025

Possibly win a \$100 gift card!

Open to 9-19 year olds in Michigan

MICHIGAN STATE UNIVERSITY | Extension

Extra Credit UNION



# 4-H News

## VOLUNTEER WEBINAR SERIES

**Michigan 4-H**

**WINTER/  
SPRING 2025  
VOLUNTEER  
WEBINAR  
SERIES**

For more information:  
<https://www.canr.msu.edu/volunteering/mi-4-h-volunteer-webinar-series>

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Join us for the Michigan 4-H Volunteer Webinar Series in 2025! Whether you're a seasoned volunteer or just getting started, these webinars are packed with valuable insights to help you make the most impact.

Check out the full list of topics and registration at

<https://www.canr.msu.edu/.../mi-4-h-volunteer-webinar-series>.

Don't miss out on this opportunity to connect, learn, and grow with fellow 4-H volunteers across the state. See you online!

## MARK YOUR CALENDARS FOR 4-H STATEWIDE DAIRY EVENTS

These events are open to all Michigan 4-H Youth!

**4-H**

**GROWS HERE**

18 USC 707

**2025 MI 4-H STATEWIDE DAIRY EVENTS**

March 1-2	<b>MI 4-H Dairy Conference</b> Michigan State University
June 28	<b>State 4-H Dairy Quiz Bowl Contest</b> Anthony Hall, Michigan State University
July 14-17	<b>MI 4-H Dairy Days</b> Michigan State University
Sept. 28- Oct. 2	<b>National 4-H Dairy Conference</b> Madison, WI

KENDRA VAN ORDER  
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# STATEWIDE 4-H NEWS

## Help youth build the Five C's: Competence, confidence, connection, character and compassion

*Adapted from an article by Christine Heverly, MSU Extension*

Michigan 4-H works to ensure that youth are engaged in a positive youth development program and utilizes the 4-H Thriving Model to help illustrate how it is meeting the needs of youth across Michigan. A key component of the 4-H Thriving Model is that youth form developmental relationships. Young people thrive best when their families, friends, schools, neighbors, businesses and other community members support them in a variety of ways.

Positive relationships with volunteers provide young people with chances to learn life skills such as goal setting, problem-solving and communicating. Volunteers can help young people move through the developmental stages and address difficulties along the way. One important way volunteers can help youth thrive is to help them build their Five C's. According to "Liberty: Thriving and civic engagement among America's youth" by Richard Lerner, the Five C's are competence, confidence, connection, character and compassion.



The Five C's aren't tangible things you can give to young people. They're skills and characteristics young people develop through their experiences and relationships. According to Zarrett and Lerner, young people who are able to display stronger evidence of having the Five C's are considered to be thriving and more likely to be developmentally on target than those who do not. Volunteers have the potential to assist young people in building the Five C's by creating relationships and situations that allow them to thrive.

MSU Extension recommends the following ideas to help Michigan 4-H volunteers working with youth to help build the Five C's.

- Help youth learn new concepts for the projects or activities they are participating in.
- Know youth names and address them by their preferred names and pronouns.
- Have youth find their spark by trying something new.
- Help youth navigate obstacles that they encounter.
- Help youth work through the tough side of giving away a project (i.e., selling an animal, giving away a project they worked hard on).
- Help youth record progress, no matter how small; each completed task is a job well done (i.e., maintain a "Done It List").
- Identify values or ethical standards a youth lives by. Do this with them. Write a non-negotiables list showing beliefs the youth will not alter. This helps alleviate peer pressure break downs.
- Define confidence, competence, connection, character and compassion. Use one of these terms to define during a group meeting and discuss ways we show it. Align with the 4-H pledge and have youth brainstorm ways (or goals) to show these traits in the new 4-H year on paper. They can draw or write those ideas.
- Use simple ice breaker activities in pairs or small groups to help young people talk through or work on a common activity or topic. Have them share out loud to the larger group their shared connection or how they worked together to achieve a common goal (building competence and confidence, building connections).
- Focus on building relationship with the youth involved by really getting to know them (their hobbies, interests, events in school or family) and inquire about them with a genuine interest.
- Recognize specific positive behaviors or accomplishments in competence, confidence or character of youth in the club/group.
- Be compassionate in one's interactions with youth (and others) and serve as a role model in that behavior.



# STATEWIDE CALENDAR OF EVENTS

## Shop the Michigan 4-H store this holiday season



Buy your favorite Michigan 4-H apparel, drinkware, and essentials at the SHOP 4-H Online Store!

Offered in collaboration with National 4-H Council through Shop 4-H, the Michigan 4-H store offers Michigan 4-H branded apparel and other gifts. Visit the store online and find the perfect item for your favorite 4-H'er, volunteer, alumni, professional or fan! The shop is open to the public and a percentage of all proceeds will be donated to Michigan 4-H.

To order Michigan 4-H specific items, visit <https://bit.ly/30pdNJw>. The store will remain open beyond the holiday season to continue offering Michigan 4-H branded gear to the Michigan 4-H community.

### November 29 – December 15: Fall TSC Paper Clover Campaign

*Local Tractor Supply Co.*

Support 4-H by purchasing a \$1 paper clover at your local Tractor Supply Co. (TSC) store!

[www.canr.msu.edu/events/tractor-supply-co-paper-clover-campaign](http://www.canr.msu.edu/events/tractor-supply-co-paper-clover-campaign)

### December 10: Wild Spartans – Forestry Fire Crew

*Online*

Join 4-H staff to spark excitement in the world of wildland fire. Meet Jennifer Hansen and Courtney Kubitskey, who are on the forestry fire crew with the Michigan Department of Natural Resources. Learn about their work, and the education and career path they followed to get there. This free series is open to all youth ages 12-19 years. Pre-registration is required:

[www.canr.msu.edu/events/wild-spartans-monthly-wildlife-fisheries-webinar-series-december-2024-25](http://www.canr.msu.edu/events/wild-spartans-monthly-wildlife-fisheries-webinar-series-december-2024-25)

### December 17: Online Extension Extras - Helping Kids Manage Stress

*Online*

Children and youth experience stress; parents and caregivers have an opportunity to support them. This workshop will cover common causes, signs and symptoms of stress, as well as discuss strategies for supporting children, youth and parents experiencing stress.

[www.canr.msu.edu/events/online-parenting-helping-kids-manage-stress-12-17-24](http://www.canr.msu.edu/events/online-parenting-helping-kids-manage-stress-12-17-24)

### Kettunen Center Inventory Closeout

Kettunen Center was the first 4-H volunteer and youth training center in the nation, owned and operated by the Michigan 4-H Foundation from 1961 to 2021. The center's remaining merchandise and furnishings is now available for sale through the MSU Surplus Store! We know the Kettunen Center meant so much to the 4-H community and this is an opportunity to purchase something by which to remember the center. Purchase yours today!

